

VIRTUAL VOLUNTEER OPPORTUNITIES (DECEMBER 2020)



Wish List on Wheels Donation Drive-Thru

Ronald McDonald House (Sacramento) is hosting a contactless donation drive-thru event on **Saturday, December 12**, from **12 PM—3 PM** in the **Sacramento Ronald McDonald House** parking lot. For more information, please see flier (attached) and/or visit their website.

Location: 2555 49th Street, Sacramento CA 95817



RMHC®
Northern California

Gifts from the Heart

This is a large volunteer holiday drive that provides thousands of gifts to foster children, seniors and disabled adults served by the Sacramento County Department of Health and Human Services. Our very own [Staff Assembly](#) is leading a drive on behalf of the health system.

For more information via Staff Assembly, please contact Michelle H. Ngo at mhngo@ucdavis.edu. Deadline to participate is Dec. 7.

You may also go through the County and drop off donations before/by December

10. For more information, please visit the [Gifts From the Heart website](#).



Write Letters to Seniors

Snowline's Sunshine Letter Program needs volunteers to help write letters. The goal is to spread joy and cheer to hospice patients in isolation during the pandemic. Volunteers are encouraged to host a virtual letter writing date with family and friends, too. Some things to keep in mind when writing your letters:

- Letters can be handwritten or typed. Address your letter “Greetings to you”.
- State in your letter that you are writing on behalf of Snowline Hospice.
- Isolation is difficult. Remind them that they have the support of their Snowline team.
- No COVID-19 or terminal illness talk.
- Include photos? Yes! But no photos of people.
- No politics, religion, or other personal information.
- Please sign only your first name to letters.

Please send letters to:

Snowline Hospice

6520 Pleasant Valley Road

Diamond Springs, CA 95619

Attention: Volunteer Department



Sewers/Quilters Needed to Make Dementia Fidget Blankets

Suncrest Hospice patients with dementia symptoms really benefit from having a fidget blanket. A fidget blanket is a lap-size quilt that provides sensory and tactile stimulation for the restless hands of someone with Alzheimer's or other forms of dementia. If you are interested there are many ideas out there on what could be on a fidget blanket. A gift like this would be a great way to brighten the day of a hospice patient who has dementia symptoms. Blankets can be mailed to the Suncrest office, or possibly picked up for delivery to one of their patients. **Questions?** Please contact Sarah Sanford, Volunteer Coordinator, at 916-833-2728 or email ssanford@suncrestcare.com.