



presents

Active Parenting Classes

Embrace the Joy of Parenting!

Active Parenting is a video & discussion program that will give you skills to have a more satisfying family life and will help your children achieve greater happiness and success.

FREE classes include Parent Guide.



Virtual Class in 3 sessions for parents & guardians of children ages 0-5 years

Afternoon Spring Series
1:00—3:00 pm
3/1, 3/8, 3/15

Topics include understanding your child, preventing problems, and encouraging positive behavior.

Virtual Class in 6 Sessions for parents & guardians of children ages 5 - 12 years

Evening Spring Series: 6:00—8:00pm
3/3, 3/10, 3/17, 3/24, 3/31 and 4/7

Afternoon Spring Series: 2:00—4:00pm
4/8, 4/15, 4/22, 4/29, 5/6, 5/13

Topics include the active parent, cooperation & communication, responsibility & discipline, building courage & self-esteem, understanding & redirecting misbehavior, and active parenting for school success.

To sign up

530-676-0707 or
aknaub@catalystcomm.org

Classes will be held on Zoom

Funded by El Dorado CAPC

