



ENTHEOS ACADEMY
EXCELLENCE • SERVICE • LEADERSHIP

Empowering Entheos Parents

April 2025



Focus on: Adventure

Our Adventure Program takes middle schoolers beyond the classroom to experience learning firsthand! These subject-based trips bring state standards to life through hands-on activities, real-world connections, and engaging discussions. Whether exploring Utah's landscapes, visiting historical sites, or meeting with experts, students deepen their understanding in meaningful ways.

Each Adventure trip also fosters leadership, perseverance, and respect while reinforcing Entheos values. By integrating Expeditionary Learning principles like reflection, service, and responsibility, students grow as learners and active community members. These experiences go beyond textbooks, creating lasting skills and a love for adventure!

CREATING STRONG READERS

Play Word and Letter Games: Try simple games like "I Spy" with letters and words, or rhyming games that get them excited about sounds and language.



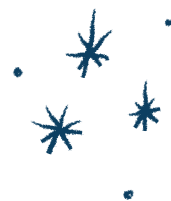
For info on individual campus activities, please go to the website and click on your campus

VALUE OF THE MONTH: Service

Activity:

A simple and meaningful activity to teach the value of service is to have a "Kindness Day" at home. Parents can work with their children to come up with a list of small, helpful tasks they can do for others, such as making cards for a neighbor, organizing toys to donate, or helping with household chores without being asked. After completing each task, they can talk about how their actions made a difference and the importance of serving others. This activity not only teaches the value of service but also reinforces the idea that even small acts of kindness can have a big impact.

Empowering Independence: Nurturing Healthy Risk-Taking in Children



Hey there, fearless parents of budding adventurers! As our children grow and explore the world around them, fostering independence and encouraging healthy risk-taking are essential for their development and growth. So buckle up, because we're diving into the exhilarating world of empowering our little ones to spread their wings and soar!

- **Embrace the Spirit of Adventure:** Life is an epic journey filled with twists, turns, and unexpected surprises. By embracing the spirit of adventure, we're teaching our children that it's okay to step outside their comfort zones and take risks. Whether it's trying a new activity, making new friends, or tackling a challenging task, encourage your child to embrace the unknown and embark on exciting adventures with confidence and courage.
- **Create a Safe Space for Exploration:** Independence flourishes in an environment where children feel safe and supported to explore and experiment. Create a safe space at home where your child can freely explore their interests, express their creativity, and learn from their mistakes. Provide them with opportunities to make decisions, solve problems, and take on new challenges at their own pace.
- **Encourage Decision-Making and Problem-Solving Skills:** Independence is about more than just doing things on our own—it's about having the confidence and skills to make decisions and solve problems effectively. Encourage your child to take an active role in decision-making by involving them in age-appropriate choices and discussions. Provide guidance and support as they navigate challenges and help them develop critical thinking skills along the way.
- **Support Healthy Risk-Taking:** Taking risks is an essential part of learning and growth. Instead of shielding our children from every potential danger, we should support them in taking healthy risks and learning from their experiences. Encourage your child to try new things, challenge themselves, and embrace failure as an opportunity for growth. Whether it's climbing a tree, trying a new sport, or speaking up in class, empower your child to take risks and pursue their passions with confidence and determination.
- **Lead by Example:** As parents, we are our children's greatest role models. Lead by example and demonstrate independence and healthy risk-taking in your own life. Show your child that it's okay to step outside your comfort zone, try new things, and pursue your passions with enthusiasm and determination. By living authentically and embracing life's adventures, you're inspiring your child to do the same.

In conclusion, fostering independence and healthy risk-taking in children is essential for their growth, development, and overall well-being. By embracing the spirit of adventure, creating a safe space for exploration, encouraging decision-making and problem-solving skills, supporting healthy risk-taking and leading by example, we can empower our children to embrace life's adventures with confidence, courage, and enthusiasm. So let's celebrate their journey, cheer them on every step of the way, and watch as they shine brightly and soar to new heights of independence and success!

