Menu Calendar

K-8 Breakfast 2026/2027
Breakfast

Venture Academy

Mon	Tue	Wed	Thu	Fri
11/2/2026	11/3/2026	11/4/2026	11/5/2026	11/6/2026
Main Entree	**Main Entree**	**Main Entree**		
Mini Cinnis, Pillsbury, 2.29 Oz., IW, WG Cereal, Cocoa Roos .88 Oz. Maltomeal Cereal, Berry Colossal Crunch, 96/1oz. , Malt o meal Cereal, Marshmallow Mateys Cereal, Cinn. Toasters Cereal, Honey Graham Toasters Cereal, Frosted Flakes Cereal, Honey Scooters Mini Cinnis, Pillsbury, 2.29 Oz., IW, WG	Frudel, Apple 2.29 Oz. IW Pillsbury Frudel, Cherry 2.29 Oz. IW Pillsbury Cereal, Cocoa Roos .88 Oz. Maltomeal Cereal, Berry Colossal Crunch, 96/1oz. , Malt o meal Cereal, Marshmallow Mateys Cereal, Cinn. Toasters Cereal, Honey Graham Toasters Cereal, Frosted Flakes 2 Oz. (HS) Malt O Meal Cereal, Honey Scooters Frudel, Apple 2.29 Oz. IW Pillsbury Frudel, Cherry 2.29 Oz. IW Pillsbury	Waffles, Blueberry, Mini, Pillsbury Cereal, Cocoa Roos .88 Oz. Maltomeal Cereal, Berry Colossal Crunch, 96/1oz. , Malt o meal Cereal, Marshmallow Mateys Cereal, Cinn. Toasters Cereal, Honey Graham Toasters Cereal, Frosted Flakes Cereal, Honey Scooters Roll, Cinnamon Ultra IW Super Bakery		
Sides	**Grains**	**Grains**		
Bacon, Precooked, Prairie Creek Bacon, Precooked, Prairie Creek	Muffin, Chocolate Chocolate Chip 2 Oz. Otis Sp. Muffin, Chocolate Chocolate Chip 2 Oz. Otis Sp. Muffin, Banana 2 Oz. Otis Spunkmeyer Cracker, Cinnamon Elf Graham 1 Oz. Keebler/Tiger Bites	Soft Baked Bar, Blue Lemon, Zee Zees, IW,1.3 oz. Soft Baked Bar, Blue Lemon, Zee Zees, IW,1.3 oz. Muffin, Banana 2 Oz. Otis Spunkmeyer Cracker, Cinnamon Elf Graham 1 Oz. Keebler/Tiger Bites		
Fruits	**Fruits**	**Condiments/Toppings**		
Diced Peaches #10 Can Bountiful harvest Applesauce, #10 Can Bountiful Harvest Diced Peaches #10 Can Bountiful harvest Applesauce, #10 Can Bountiful Harvest Applesauce Cups, Regular unsweetened USDA	Pears, Diced #10 Can Bountiful Harvest Salad, Tropical Fruit #10 Can Bountiful Harvest Pears, Diced #10 Can Bountiful Harvest Salad, Tropical Fruit #10 Can Bountiful Harvest Applesauce Cups, Regular unsweetened USDA	Syrup 1.5 Oz. Cups Smucker's		
Grains	**Cheese**	**Fruits**		
Cracker, Cinnamon Elf Graham 1 Oz. Keebler/Tiger Bites Muffin, Banana 2 Oz. Otis Spunkmeyer	Cheese, String Marble 1 Oz. BONGARDS	Mandarin Oranges, #10 Can Bountiful Harvest Pineapple, Sliced #10 Can Bountiful Harvest Mandarin Oranges, #10 Can Bountiful Harvest Pineapple, Sliced #10 Can Bountiful Harvest Applesauce Cups, Regular unsweetened USDA		
Cheese	**Juice**	**Cheese**		
Cheese, String Marble 1 Oz. BONGARDS		Cheese, String Marble 1 Oz. BONGARDS		
Juice				
Peterson Farms Juice, Sunrise				

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LINQ SCHOOL NUTRITION

Mon	Tue	Wed	Thu	Fri
Blend, 6.75 Oz **Milk** Milk, Chocolate, Fat Free, Meadow Gold Milk, White, 1%, MeadowGold	**Juice** Peterson Farms Juice, Sunrise Blend, 6.75 Oz **Milk** Milk, Chocolate, Fat Free, Meadow Gold Milk, White, 1%, MeadowGold	**Juice** Peterson Farms Juice, Sunrise Blend, 6.75 Oz **Milk** Milk, Chocolate, Fat Free, Meadow Gold Milk, White, 1%, MeadowGold		

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Mon	Tue	Wed	Thu	Fri
11/9/2026	11/10/2026	11/11/2026	11/12/2026	11/13/2026
Main Entree	**Main Entree**	**Main Entree**	**Main Entree**	**Main Entree**
Pop Tart Mix Strawberry/Blueberry Pop Tart Mix Strawberry/Cinnamon Cereal, Cocoa Roos .88 Oz. Maltomeal Cereal, Berry Colossal Crunch, 96/1oz. , Malt o meal Cereal, Marshmallow Mateys Cereal, Cinn. Toasters Cereal, Honey Graham Toasters Cereal, Frosted Flakes Cereal, Honey Scooters Pop Tart Mix Strawberry/Blueberry	Pancake, Poffitz bites WG, Bake Crafters Cereal, Cocoa Roos .88 Oz. Maltomeal Cereal, Berry Colossal Crunch, 96/1oz. , Malt o meal Cereal, Marshmallow Mateys Cereal, Cinn. Toasters Cereal, Honey Graham Toasters Cereal, Frosted Flakes Cereal, Honey Scooters Roll, Cinnamon Ultra IW Super Bakery	Breakfast Saus.Scramble & Cheese Bagel Sandwich Cereal, Cocoa Krispies, 2.3 oz. Bowl Cereal, Berry Colossal Crunch, 96/1oz. , Malt o meal Cereal, Marshmallow Mateys Cereal, Cinn. Toasters Cereal, Honey Graham Toasters Cereal, Frosted Flakes Cereal, Honey Scooters Roll, Cinnamon Ultra IW Super Bakery	Frudel, Apple 2.29 Oz. IW Pillsbury Frudel, Cherry 2.29 Oz. IW Pillsbury Cereal, Cocoa Roos .88 Oz. Maltomeal Cereal, Berry Colossal Crunch, 96/1oz. , Malt o meal Cereal, Marshmallow Mateys Cereal, Cinn. Toasters Cereal, Honey Graham Toasters Cereal, Frosted Flakes Cereal, Honey Scooters Frudel, Apple 2.29 Oz. IW Pillsbury Frudel, Cherry 2.29 Oz. IW Pillsbury	French Toast, Sticks Bake Crafters Cereal, Cocoa Roos .88 Oz. Maltomeal Cereal, Berry Colossal Crunch, 96/1oz. , Malt o meal Cereal, Marshmallow Mateys Cereal, Cinn. Toasters Cereal, Honey Graham Toasters Cereal, Frosted Flakes Cereal, Honey Scooters Roll, Cinnamon Ultra IW Super Bakery
Grains	**Condiments/Toppings**	**Grains**	**Grains**	**Condiments/Toppings**
Cracker, Chat Snax Vanilla1 oz Kellogs Cracker, Chat Snax Vanilla1 oz Kellogs Cracker, Strawberry Graham, Zee Zees, WG,IW, 1 Oz Muffin, Apple Cinnamon IW 2 Oz. Otis Spunkmeyer	Syrup 1.5 Oz. Cups Smucker's Ketchup, Packets 9 G. Katy's Ketchup, Packets 9 G. Katy's	Soft Baked Bar, Birthday Cake, IW, WG, Zee Zees, 1.3 Oz, Bar Soft Baked Bar, Birthday Cake, IW, WG, Zee Zees, 1.3 Oz, Bar Cracker, Strawberry Graham, Zee Zees, WG,IW, 1 Oz Muffin, Apple Cinnamon IW 2 Oz. Otis Spunkmeyer	Muffin, Apple Cinnamon IW 2 Oz. Otis Spunkmeyer Muffin, Apple Cinnamon IW 2 Oz. Otis Spunkmeyer Muffin, Apple Cinnamon IW 2 Oz. Otis Spunkmeyer Cracker, Strawberry Graham, Zee Zees, WG,IW, 1 Oz	Syrup, Maple 1.5 Oz. Cup
Fruits	**Fruits**	**Fruits**	**Fruits**	**Fruits**
Applesauce, #10 Can Bountiful Harvest Diced Peaches #10 Can Bountiful harvest Applesauce, #10 Can Bountiful Harvest Diced Peaches #10 Can Bountiful harvest Applesauce Cups, Regular unsweetened USDA	Pears, Diced #10 Can Bountiful Harvest Salad, Tropical Fruit #10 Can Bountiful Harvest Pears, Diced #10 Can Bountiful Harvest Salad, Tropical Fruit #10 Can Bountiful Harvest Applesauce Cups, Regular unsweetened USDA	Mandarin Oranges, #10 Can Bountiful Harvest Pineapple, Sliced #10 Can Bountiful Harvest Mandarin Oranges, #10 Can Bountiful Harvest Pineapple, Sliced #10 Can Bountiful Harvest Applesauce Cups, Regular unsweetened USDA	Banana, Chiquita Apricots, Halves, Bountiful Harvest #10 Can Banana, Chiquita Apricots, Halves, Bountiful Harvest #10 Can Applesauce Cups, Regular unsweetened USDA	Applesauce, #10 Can Bountiful Harvest Fruit Cocktail, #10 Can Bountiful Harvest Applesauce, #10 Can Bountiful Harvest Fruit Cocktail, #10 Can Bountiful Harvest Applesauce Cups, Regular unsweetened USDA
Cheese	**Vegetables**	**Cheese**	**Cheese**	**Cheese**
Cheese, String, Mozzzerella, 1 Oz. BONGARDS	Hashbrown, Patty, Side O' Browns, Lamb. 2.25 oz Patty Hash brown, Patties 2 Oz. Lamb Weston	Cheese, String, Mozzzerella, 1 Oz. BONGARDS	Cheese, String, Mozzzerella, 1 Oz. BONGARDS	Cheese, String, Mozzzerella, 1 Oz. BONGARDS Cheese, String, Mozzzerella, 1 Oz. BONGARDS Cheese, String, Mozzzerella, 1 Oz. BONGARDS
Juice	**Grains**	**Juice**	**Juice**	**Grains**
Peterson Farms Juice, Sunrise Blend, 6.75 Oz	Cracker, Strawberry Graham, Zee Zees, WG,IW, 1 Oz Muffin, Apple Cinnamon IW 2 Oz. Otis Spunkmeyer	Peterson Farms Juice, Sunrise Blend, 6.75 Oz	Peterson Farms Juice, Sunrise Blend, 6.75 Oz	Cracker, Cinnamon Elf Graham 1 Oz. Keebler/Tiger Bites Muffin, Apple Cinnamon IW 2 Oz. Otis Spunkmeyer
Milk	**Cheese**	**Milk**	**Milk**	**Juice**
Milk, Chocolate, Fat Free, Meadow Gold Milk, White, 1%, MeadowGold	Cheese, String, Mozzzerella, 1 Oz. BONGARDS	Milk, Chocolate, Fat Free, Meadow Gold Milk, White, 1%, MeadowGold	Milk, Chocolate, Fat Free, Meadow Gold Milk, White, 1%, MeadowGold	Peterson Farms Juice, Sunrise Blend, 6.75 Oz
	Juice			**Milk**
				Milk, Chocolate, Fat Free, Meadow

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LINQ SCHOOL NUTRITION

Mon	Tue	Wed	Thu	Fri
	Peterson Farms Juice, Sunrise Blend, 6.75 Oz **Milk** Milk, Chocolate, Fat Free, Meadow Gold Milk, White, 1%, MeadowGold			Gold Milk, White, 1%, MeadowGold

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Mon	Tue	Wed	Thu	Fri
11/16/2026	11/17/2026	11/18/2026	11/19/2026	11/20/2026
Main Entree	**Main Entree**	**Main Entree**	**Main Entree**	**Main Entree**
Mini Apple Fritter Bites Cereal, Cocoa Roos .88 Oz. Maltomeal Cereal, Berry Colossal Crunch, 96/1oz. , Malt o meal Cereal, Marshmallow Mateys Cereal, Cinn. Toasters Cereal, Honey Graham Toasters Cereal, Frosted Flakes Cereal, Honey Scooters Mini Apple Fritter Bites	Bread, Super Banana Bread, Super Chocolate, 3.4 Oz. WG, Super Baker Bread, Super Pumpkin Bread, Super Lemon 3.4 Oz. WG Super Bakery Cereal, Cocoa Roos .88 Oz. Maltomeal Cereal, Berry Colossal Crunch, 96/1oz. , Malt o meal Cereal, Marshmallow Mateys Cereal, Cinn. Toasters Cereal, Honey Graham Toasters Cereal, Frosted Flakes Cereal, Honey Scooters Bread, Super Banana Bread, Super Chocolate, 3.4 Oz. WG, Super Baker Bread, Super Lemon 3.4 Oz. WG Super Bakery Bread, Super Pumpkin	Bacon, Egg & Cheese Breakfast Burrito Cereal, Cocoa Roos .88 Oz. Maltomeal Cereal, Berry Colossal Crunch, 96/1oz. , Malt o meal Cereal, Marshmallow Mateys Cereal, Cinn. Toasters Cereal, Honey Graham Toasters Cereal, Frosted Flakes Cereal, Honey Scooters Roll, Cinnamon Ultra IW Super Bakery	Bread Stick, Berries & Cream Bread Stick, Berries & Cream	Cinnamon Roll Dough, Bridgford,2.25 oz Cereal, Cocoa Roos .88 Oz. Maltomeal Cereal, Berry Colossal Crunch, 96/1oz. , Malt o meal Cereal, Marshmallow Mateys Cereal, Cinn. Toasters Cereal, Honey Graham Toasters Cereal, Frosted Flakes Cereal, Honey Scooters Donut, Chocolate IW WG 3.2 Oz. Bake Crafters Donut, Powdered IW WG 3.2 Oz. Bake Crafters
Grains	**Sides**	**Grains**	**Grains**	**Condiments/Toppings**
Cracker, Grahamz, Zee Zees, 1 Oz Package Cracker, Grahamz, Zee Zees, 1 Oz Package Cracker, Grahamz, Zee Zees, 1 Oz Package Muffin, Blueberry 2 Oz. Otis Sp.	Sausage, Patties 1.5 Oz. Prairie Creek Sausage, Patties 1.5 Oz. Prairie Creek	Soft Baked Bar, Blue Lemon, Zee Zees, IW,1.3 oz. Soft Baked Bar, Blue Lemon, Zee Zees, IW,1.3 oz. Muffin, Blueberry 2 Oz. Otis Sp. Cracker, Grahamz, Zee Zees, 1 Oz Package	Muffin, Chocolate Chocolate Chip 2 Oz. Otis Sp. Muffin, Chocolate Chocolate Chip 2 Oz. Otis Sp. Cracker, Grahamz, Zee Zees, 1 Oz Package	Icing, Cream Cheese 4/5 Lbs. Rhodes
Fruits	**Fruits**	**Fruits**	**Fruits**	**Fruits**
Applesauce, #10 Can Bountiful Harvest Diced Peaches #10 Can Bountiful harvest Diced Peaches #10 Can Bountiful harvest Applesauce, #10 Can Bountiful Harvest Applesauce Cups, Regular unsweetened USDA	Pears, Diced #10 Can Bountiful Harvest Salad, Tropical Fruit #10 Can Bountiful Harvest Pears, Diced #10 Can Bountiful Harvest Salad, Tropical Fruit #10 Can Bountiful Harvest Applesauce Cups, Regular unsweetened USDA	Mandarin Oranges, #10 Can Bountiful Harvest Pineapple, Sliced #10 Can Bountiful Harvest Mandarin Oranges, #10 Can Bountiful Harvest Pineapple, Sliced #10 Can Bountiful Harvest Applesauce Cups, Regular unsweetened USDA	Banana, Chiquita Apricots, Halves, Bountiful Harvest #10 Can Applesauce Cups, Regular unsweetened USDA	Fruit Cocktail, #10 Can Bountiful Harvest Applesauce, Blue Raspberry Applesauce, Blue Raspberry Fruit Cocktail, #10 Can Bountiful Harvest Applesauce Cups, Regular unsweetened USDA
Cheese	**Grains**	**Cheese**	**Cheese**	**Cheese**
Cheese, String, Mozzzerella, 1 Oz. BONGARDS	Cracker, Grahamz, Zee Zees, 1 Oz Package Muffin, Blueberry 2 Oz. Otis Sp.	Cheese, String, Mozzzerella, 1 Oz. BONGARDS	Cheese, String, Mozzzerella, 1 Oz. BONGARDS	Cheese, String, Mozzzerella, 1 Oz. BONGARDS Cheese, String, Mozzzerella, 1 Oz. BONGARDS Cheese, String, Mozzzerella, 1 Oz. BONGARDS
Juice	**Cheese**	**Juice**	**Juice**	**Grains**
Peterson Farms Juice, Sunrise Blend, 6.75 Oz		Peterson Farms Juice, Sunrise Blend, 6.75 Oz	Peterson Farms Juice, Sunrise Blend, 6.75 Oz	Cracker, Grahamz, Zee Zees, 1 Oz Package Muffin, Blueberry 2 Oz. Otis Sp.
Milk		**Milk**	**Milk**	**Juice**
Milk, Chocolate, Fat Free, Meadow Gold Milk, White, 1%, MeadowGold		Milk, Chocolate, Fat Free, Meadow Gold Milk, White, 1%, MeadowGold	Milk, Chocolate, Fat Free, Meadow Gold Milk, White, 1%, MeadowGold	Peterson Farms Juice, Sunrise Blend, 6.75 Oz
				Milk

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Mon	Tue	Wed	Thu	Fri
	Cheese, String, Mozzzerella, 1 Oz. BONGARDS **Juice** Peterson Farms Juice, Sunrise Blend, 6.75 Oz **Milk** Milk, Chocolate, Fat Free, Meadow Gold Milk, White, 1%, MeadowGold	[illegible]		**Milk** Milk, Chocolate, Fat Free, Meadow Gold Milk, White, 1%, MeadowGold

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Mon	Tue	Wed	Thu	Fri
11/23/2026	11/24/2026	11/25/2026	11/26/2026	11/27/2026
Main Entree	**Main Entree**			
Texas Toast, Apple Cinnamon 3.3 Oz. TFS Cereal, Cocoa Roos .88 Oz. Maltomeal Cereal, Berry Colossal Crunch, 96/1oz. , Malt o meal Cereal, Marshmallow Mateys Cereal, Cinn. Toasters Cereal, Honey Graham Toasters Cereal, Frosted Flakes Cereal, Honey Scooters Texas Toast, Apple Cinnamon 3.3 Oz. TFS	Sandwich, Pancake, SausageW/Cheese,IW,WG, Bakecrafter Cereal, Cocoa Roos .88 Oz. Maltomeal Cereal, Berry Colossal Crunch, 96/1oz. , Malt o meal Cereal, Marshmallow Mateys Cereal, Cinn. Toasters Cereal, Honey Graham Toasters Cereal, Frosted Flakes Cereal, Honey Scooters Sandwich, Pancake, SausageW/Cheese,IW,WG, Bakecrafter			
Grains	**Sides**			
Cracker, Bug Bites 1 Oz. WG Keebler Cracker, Bug Bites 1 Oz. WG Keebler Cracker, Bug Bites 1 Oz. WG Keebler Muffin, Chocolate Chocolate Chip 2 Oz. Otis Sp.	Bacon, Precooked, Prairie Creek Bacon, Precooked, Prairie Creek			
Fruits	**Fruits**			
Diced Peaches #10 Can Bountiful harvest Applesauce, #10 Can Bountiful Harvest Diced Peaches #10 Can Bountiful harvest Applesauce, #10 Can Bountiful Harvest Applesauce Cups, Regular unsweetened USDA	Pears, Diced #10 Can Bountiful Harvest Salad, Tropical Fruit #10 Can Bountiful Harvest Pears, Diced #10 Can Bountiful Harvest Salad, Tropical Fruit #10 Can Bountiful Harvest Applesauce Cups, Regular unsweetened USDA			
Cheese	**Grains**			
Cheese, String Cheddar	Muffin, Chocolate Chocolate Chip 2 Oz. Otis Sp. Cracker, Bug Bites 1 Oz. WG Keebler			
Juice	**Cheese**			
Peterson Farms Juice, Sunrise Blend, 6.75 Oz	Cheese, String Cheddar			
Milk	**Juice**			
Milk, Chocolate, Fat Free, Meadow Gold Milk, White, 1%, MeadowGold	Peterson Farms Juice, Sunrise Blend, 6.75 Oz			
	Milk			
	Milk, Chocolate, Fat Free, Meadow Gold			

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LINQ SCHOOL NUTRITION

Mon	Tue	Wed	Thu	Fri
	Milk, White, 1%, MeadowGold			

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Mon	Tue	Wed	Thu	Fri
11/30/2026	12/1/2026	12/2/2026	12/3/2026	12/4/2026
Main Entree				
Mini Cinnis, Pillsbury, 2.29 Oz., IW, WG Cereal, Cocoa Roos .88 Oz. Maltomeal Cereal, Berry Colossal Crunch, 96/1oz. , Malt o meal Cereal, Marshmallow Mateys Cereal, Cinn. Toasters Cereal, Honey Graham Toasters Cereal, Frosted Flakes Cereal, Honey Scooters Mini Cinnis, Pillsbury, 2.29 Oz., IW, WG				
Sides				
Bacon, Precooked, Prairie Creek Bacon, Precooked, Prairie Creek				
Fruits				
Diced Peaches #10 Can Bountiful harvest Applesauce, #10 Can Bountiful Harvest Diced Peaches #10 Can Bountiful harvest Applesauce, #10 Can Bountiful Harvest Applesauce Cups, Regular unsweetened USDA				
Grains				
Cracker, Cinnamon Elf Graham 1 Oz. Keebler/Tiger Bites Muffin, Banana 2 Oz. Otis Spunkmeyer				
Cheese				
Cheese, String Marble 1 Oz. BONGARDS				
Juice				
Peterson Farms Juice, Sunrise Blend, 6.75 Oz				
Milk				
Milk, Chocolate, Fat Free, Meadow Gold Milk, White, 1%, MeadowGold				

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FILTERS	
Name(s)	**Value(s)**
Analysis	Planned
Date Range	(Start = 11/1/2026, End = 12/5/2026)
Menu Plan	(K-8 Breakfast 2026/2027)

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