

OCTOBER 2026

Salt Lake Academy High School

Breakfast Served Daily at
8:20AM



Monday



Tuesday



Wednesday



Thursday



Friday

B: Pancake on a stick
Or cereal w/toast

1

L: Tamales
Turkey Croissant Sandwich
PB&J

**Flex
Day**

2

B: Pancake on a stick
Or cereal w/toast

8

L: Chicken & Fries
Ham Croissant Sandwich
PB&J

**Flex
Day**

9

B: Pancake on a stick
Or cereal w/toast

15

L: Popcorn Chicken
Turkey Croissant Sandwich
PB&J

**Flex
Day**

16

**No
School**

22

**No
School**

23

B: Pancake on a stick
Or cereal w/toast

29

L: Drumstick Dinner
Turkey Croissant Sandwich
PB&J

**Flex
Day**

30

B: Pancake or Banana Bread

5

L: Personal Pizza
Ham Croissant Sandwich
PB&J

B: Breakfast Burrito
Or Cinnamon bite

6

L: Ground Beef Taco
Ham Croissant Sandwich
PB&J

B: Breakfast Croissant Sand
Or Pumpkin Bread

7

L: Chicken Alfredo
Ham Croissant Sandwich
PB&J

B: Breakfast Croissant Sand
Or Pumpkin Bread

14

L: Pasta Bake
Turkey Croissant Sandwich
PB&J

B: Pancake or Banana Bread

12

L: Personal Pizza
Turkey Croissant Sandwich
PB&J

B: Breakfast Burrito
Or Cinnamon Bite

13

L: Café Rio Inspired Salad
Turkey Croissant Sandwich
PB&J

B: Pancake or Banana Bread

19

L: Mac & Cheese
Ham Croissant Sandwich
PB&J

B: Breakfast Burrito
Or Cinnamon Bite

20

L: Pork Taco
Ham Croissant Sandwich
PB&J

B: Breakfast Croissant Sand
Or Pumpkin Bread

21

L: Personal Pizza
Ham Croissant Sandwich
PB&J

B: Pancake or Banana Bread

26

L: Personal Pizza
Turkey Croissant Sandwich
PB&J

B: Breakfast Burrito
Or Cinnamon Bite

27

L: Chicken Fajitas
Turkey Croissant Sandwich
PB&J

B: Breakfast Croissant Sand
Or Pumpkin Bread

28

L: Spaghetti & Meatball
Turkey Croissant Sandwich
PB&J

Meal Prices

Breakfast \$3.50/ \$56.00 monthly

Lunch \$4.50/ \$72.00 Monthly

Salad Bar available daily

This Institution is an equal opportunity provider

Chicken sandwich & Cheeseburger served daily