



SAHS Bears Counseling News **2026-2027 Quarter 1**

2026-2027 is in Full Swing! We are here and happy to support our students in any way!

Please welcome Counselor ALEX DOOLEY and Student Advocate KALANI GASPER to the office this year!

Kelcie Vance: *Junior and Senior Counselor*

Alex Dooley: *Freshman and Sophomore Counselor*

Kensie Egbert: *Counselor*

Jocelyn Staller: *Concurrent Enrollment and Credit Recovery Specialist*

Stephanie Wirthlin-Abdulameer: *Counseling Assistant*

Kalani Gasper: *Counseling Student Advocate*

Upcoming Important Dates and Events:

September 22-24: Parent Teacher Conferences

September 25: No School

September 25: Senior Parking Spot Painting Must have approved Parking Request prior to painting. For details see Counseling.

September 28: ASVAB

October 5-9th: College Week

October 1: FASFA opens for current Seniors (see info below)

October 5: Senior Assembly 8:00-8:30 am. Required for All Seniors (parents are invited to attend as well)

October 7: Utah Colleges will visit SAHS in the Atrium from 8:00-8:30 am Registration for Utah Colleges is FREE at this time (bring Driver's License and SSN#)

October 7: FASFA Night 5-6 pm Atrium

October 13: End Quarter 1

October 14-19 Fall Break

College and Career Planning Meetings (CCR's):

Dates TBA

Scholarship Information:

Sign up to receive weekly Scholarship Newsletters Here:
<https://studentscholarships.org/newsletters>

FAFSA: Federal Student Aid Information:



FAFSA_checklist.pdf



StudentAid_Account
Setup.pdf



StudentAid_Account
Setup_Spanish.pdf



Facts-at-a-Glance
(2).pdf

Request a Meeting with your Counselor:

<https://docs.google.com/forms/d/e/1FAIpQLSdGZ2AWf8yTZXCmtNkU2ohsZJoBQFOEru2MTf1UWyIXB5C6Q/viewform>

Bullying Report:

[SAHS Incident Reporting Form](#)

To request Transcripts:

[Requesting-a-Transcript.pdf](#)

Check out all they have to offer at SLCO Youth Services:

[Youth Programs - Youth Services | Salt Lake County](#)

*press control and click the link to open

About SLCO Counseling Services:

- **No-Cost Short-Term Counseling** – Weekly sessions for youth (ages 8-17) and their families for up to two months. This program, available to Salt Lake County residents, follows a solution-focused model to provide effective, short-term support.
- **Long-Term Mental Health Treatment** – Ongoing weekly sessions for youth (ages 8-24) and their families. This program primarily serves those with Medicaid, but we also assist families facing financial hardships, such as high-deductible insurance or lack of mental health coverage.
- **Substance Abuse Counseling** – Weekly sessions for youth (ages 12-20) and their families, with no funding restrictions. Youth must reside in Salt Lake County, and referrals for higher levels of care are available if needed.

If you or someone you know could benefit from these services, please reach out to us at

385-468-4500.

Summit Academy is committed to helping our families in need. If you are experiencing financial hardship, please take a look at some community resources listed below. Fee Waivers and Free or Reduced School Lunch are available to qualifying families. These applications are available on the main page of our website, or by inquiring at the main office.

We may have other resources available, please reach out if you are struggling.

[Find a Food Pantry - Utah Food Bank](#)

[Food Assistance and Resources | Utah 211](#)

[Utahns Against Hunger - Emergency Food & Other Resources](#)

[Salt Lake Community Mutual Aid](#)

[The FeedUT Project](#)

[Utah Community Action | Helping Families Thrive](#)

[Catholic Community Services - Home](#)

[Home : Utah Housing Coalition](#)

[Department of Workforce Services](#)

[Utah Department of Health and Human Services](#)

[Overcome Poverty - Salt Lake City Corps](#)