

SEPTEMBER 2026

Salt Lake Academy Jr High

Breakfast served daily at 8:30am

Chicken Sandwich
or Cheeseburger
also available daily



Monday

**NO
School**

Tuesday

1
B: Tornado or Banana Bread
L: Cafe Rio inspired salad
Turkey Croissant Sandwich
PB&J

8
B: Egg bite or Pancake
L: Taco
Ham Croissant Sandwich
PB&J
Whole grain brownie

Wednesday

2
B: Bagel & Greek yogurt
Or Cereal w/ Toast
L: Buffalo chicken Mac & Cheese
Chicken Mac & Cheese
Turkey Croissant Sandwich
PB&J

9
B: Breakfast Croissant Sandwich
Or Pumpkin Bread
L: Chicken N Waffle
Ham Croissant Sandwich
PB&J

Thursday

3
B: Chicken & Biscuit
or Muffin
L: Baked Potato
Turkey Croissant Sandwich
PB&J
Whole grain sugar cookie

10
B: Yogurt Parfait or
Texas toast
L: Orange Chicken
Ham Croissant Sandwich
PB&J

Friday

4
**Flex
Day**

11
**Flex
Day**

18
**Flex
Day**

25
**Flex
Day**

23
B: Breakfast Croissant Sandwich
Or Pumpkin bread
L: Egg Roll
Ham Croissant Sandwich
PB&J

30
B: Bagel & Greek yogurt
Cereal w/ toast
L: Spaghetti & Meatball
Turkey Croissant Sandwich
PB&J

17
B: Chicken & Biscuit or muffin
L: Popcorn Chicken
Turkey Croissant Sandwich
PB&J

24
B: Yogurt Parfait or
Texas toast
L: Cheeseburger
Ham Croissant sandwich
PB&J

22
B: Biscuit & Gravy or
Cinnamon bites
L: Chicken Fajitas
Ham Croissant Sandwich
PB&J

29
B: Tornado or Banana Bread
L: Crispito
Turkey Croissant Sandwich
PB&J

21
B: Cheese Omelet w/bacon
Or Waffle
L: Personal Pizza
Turkey Croissant Sandwich
PB&J

28
B: Cheese Omelet w/bacon
Or Waffle
L: Personal Pizza
Turkey Croissant Sandwich
PB&J

16
B: Bagel & Greek Yogurt
Or Cereal w/toast
L: Chicken Alfredo
Turkey Croissant Sandwich
PB&J

15
B: Tornado or Banana Bread
L: Beefy Nacho
Turkey Croissant Sandwich
PB&J

14
B: Cheese Omelet w/bacon
Or Waffle
L: Personal Pizza
Turkey Croissant Sandwich
PB&J

21
B: Egg bites or Pancake
L: Chicken Nugget
Ham Croissant Sandwich
PB&J

7
**NO
School**

14
**NO
School**

21
**NO
School**

28
**NO
School**



Meal Prices

Breakfast \$2.50/ Monthly \$52.50
Lunch \$3.75/ Monthly \$78.75

Salad Bar available daily
This institution is an equal opportunity provide