



SAHS Bears Counseling News **SUMMER 2026**

Sending good summer vibes to all our SAHS Families!! Please login to your STUDENT Aspire account and build your schedule ASAP! See below:



Summer2026Schedule.pdf



course catalog and scheduling info.pdf

****COUNSELORS WILL NOT BE AVAILABLE AT REGISTRATION****
Counseling Appointment Scheduling TBA in August

Upcoming Important Dates and Events:

August 1: ALL SUMMER SCHOOL **MUST BE COMPLETE!**
August 4: Registration Seniors and Juniors
August 5: Registration Sophomores and Freshman
August 9: Aspire Scheduling Window closes at 12 pm
August 18: First Day of School

College and Career Planning Meetings (CCR's):

Dates TBA

Scholarship Information:

Sign up to receive weekly Scholarship Newsletters Here:
<https://studentscholarships.org/newsletters>

FAFSA: Federal Student Aid Information:



FAFSA_checklist.pdf



StudentAid_Account_Setup.pdf



StudentAid_Account_Setup_Spanish.pdf



Facts-at-a-Glance (2).pdf

Check out all they have to offer at SLCO Youth Services:

Youth Programs - Youth Services | Salt Lake County

*press control and click the link to open

About SLCO Counseling Services:

- **No-Cost Short-Term Counseling** – Weekly sessions for youth (ages 8-17) and their families for up to two months. This program, available to Salt Lake County residents, follows a solution-focused model to provide effective, short-term support.
- **Long-Term Mental Health Treatment** – Ongoing weekly sessions for youth (ages 8-24) and their families. This program primarily serves those with Medicaid, but we also assist families facing financial hardships, such as high-deductible insurance or lack of mental health coverage.
- **Substance Abuse Counseling** – Weekly sessions for youth (ages 12-20) and their families, with no funding restrictions. Youth must reside in Salt Lake County, and referrals for higher levels of care are available if needed.

If you or someone you know could benefit from these services, please reach out to us at **385-468-4500**.

Summit Academy is committed to helping our families in need. If you are experiencing financial hardship, please take a look at some community resources listed below. Fee Waivers and Free or Reduced School Lunch are available to qualifying families. These applications are available on the main page of our website, or by inquiring at the main office.

We may have other resources available, please reach out if you are struggling.

[Find a Food Pantry - Utah Food Bank](#)

[Food Assistance and Resources | Utah 211](#)

[Utahns Against Hunger - Emergency Food & Other Resources](#)

[Salt Lake Community Mutual Aid](#)

[The FeedUT Project](#)

[Utah Community Action | Helping Families Thrive](#)

[Catholic Community Services - Home](#)

[Home : Utah Housing Coalition](#)

[Department of Workforce Services](#)

[Utah Department of Health and Human Services](#)

[Overcome Poverty - Salt Lake City Corps](#)