

Summit Academy Wellness Committee Agenda

March 5, 2026

Introduction: What is the Wellness Policy

- Review Wellness Policy- Wellness Policy #5101
- Review Wellness Policy evaluations from each campus.
- Discuss points of interest with committee.
- Discuss past goals and their progress.
 - Post posters in the schools to inform about the Wellness Policy and QR link to wellness policy.
 - Posting posters in school that promote nutritional diet and healthy lifestyle.
 - Provide a form for measuring implementation and progress of Wellness Policy. A school representative will fill out the form and return it to the Director. Director will oversee each school's compliance.
 - Teach proper hand washing and work time into schedule for washing hands before lunch.
 - Updating or replacing hand washing signs in all bathrooms.
 - Discussed access to hand sanitizer stations before lunch

Making Goals: Shared PDF versions of the poster for the wellness policy and the handwash signs so that they have access to each campus to keep updated.

Wellness Policy meeting attendees

Wellness committee- will have a representative from each school on the committee. The committee will also consist of administrators, physical education teacher(s), parents, school board members, child nutrition manager, student(s), and any public who would like to attend.

Administrator: Alana Johnson, Angela Grimmer, Cristina Horton

Health/PE Staff Member: Heather Latimer, Kim Arminen

Food Service Administrator: Cindee Sommer, Camilla Walton

Board Member: Wilson Silvertson

Parent: Brad Wilkinson

Students: Elsa Walton