



ENTHEOS ACADEMY

EXCELLENCE • SERVICE • LEADERSHIP

5310 EMERGENCY SAFETY INTERVENTIONS (ESI)

Purpose

Entheos Academy is committed to maintaining a safe and supportive learning environment for all students. This policy governs the use of Emergency Safety Interventions (ESI) consistent with Utah Code §53G-8-301 and Utah Administrative Rule R277-608. ESIs may be used only in situations where a student presents an immediate danger to self or others, and only when less restrictive alternatives have failed or would be unsafe. ESIs are never to be used as a form of discipline, punishment, or staff convenience.

Definitions

For purposes of this policy:

- I. **Emergency Safety Intervention (ESI):** The use of physical restraint or seclusionary time-out in response to a student's immediate danger to self or others.
- II. **Immediate Danger:** An imminent risk of serious physical harm to the student or to others.
- III. **Physical Restraint:** A personal restriction that immobilizes or significantly reduces a student's ability to move their arms, legs, body, or head freely.
- IV. **Seclusionary Time-Out:** The involuntary confinement of a student alone in a room or area from which the student is physically prevented from leaving, including:
 - A. placing a student in a locked room; or
 - B. placing a student in a room where the door is blocked by furniture or held closed by staff.
- V. **Physical Escort:** The temporary touching or holding of a student for the purpose of guiding them to a safe location.
- VI. **Corporal Punishment:** The intentional infliction of physical pain on a student. Corporal punishment is prohibited at Entheos Academy.

Policy

Standards for Use

- I. General Requirements

ENTHEOS BOARD POLICY – OCTOBER 23, 2025

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- A. ESIs may be used only when a student presents an immediate danger to self or others.
 - B. An ESI must end immediately when the danger has passed.
 - C. Students must be visually monitored by an adult at all times during an intervention.
 - D. The following are strictly prohibited:
 - 1. Locked doors,
 - 2. Prone or supine restraint,
 - 3. Mechanical restraints,
 - 4. Chemical restraints,
 - 5. Any restraint that restricts breathing or is not compliant with training.
- II. Physical Restraint
- A. And this format
 - 1. May be used only to protect safety.
 - 2. Must be applied in the safest manner possible by trained staff.
 - 3. Duration may not exceed 30 minutes or until law enforcement takes responsibility, whichever occurs first.
- III. Seclusionary Time-Out
- A. May be used only if less restrictive means are insufficient to prevent immediate danger.
 - B. Not permitted for students below first grade.
 - C. Space must allow continuous visual monitoring and may not be locked.
 - D. Duration may not exceed 30 minutes or the limits established in training, unless law enforcement intervenes.
 - E. Entheos Academy does not maintain or permit rooms designed solely for seclusion.

Students with Disabilities

- I. For students receiving special education services, ESI may only be included in an IEP or behavior plan if:
 - A. Less restrictive means were attempted first,
 - B. A functional behavior assessment (FBA) has been conducted, and
 - C. A Behavior intervention plan (BIP) has been developed and implemented based on data.

Training

- I. All staff who supervise students must receive foundational training in positive behavior supports, de-escalation strategies, and the requirements of this policy.

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- II. Training must be completed within two months of hire (or within 30 days for staff working directly with students with disabilities) and renewed at least every two years.
- III. Administrators and other designated “key personnel” must complete comprehensive ESI training annually before they are permitted to implement ESI.

Documentation and Parent Notification

- I. Each use of ESI must be documented in writing, including the circumstances, type, and duration of the intervention, and the staff involved.
- II. Parents must be notified as soon as possible and no later than 24 hours after each use of ESI.
- III. If an intervention lasts longer than 15 minutes, an administrator must be immediately informed.
- IV. Following each incident, staff must debrief with administration to review the event and determine appropriate follow-up.
- V. Entheos Academy will report annual ESI data to the Utah State Board of Education as required.