



ENTHEOS ACADEMY

EXCELLENCE • SERVICE • LEADERSHIP

5302 HEAD INJURY & CONCUSSION POLICY

Purpose

The purpose of this policy is to ensure that any head injury or suspected concussion sustained while a student is in the care of Entheos Academy is promptly recognized, assessed, and managed in accordance with Utah law and best practices.

Definitions

Physical Activity: Any school-sanctioned exercise, including

- I. Physical Education classes
- II. Sports practices or games
- III. Recess or other structured physical activities

Policy

Staff Qualifications and Training

- I. All Physical Education teachers and coaches shall be trained and qualified to recognize and respond to head injuries and concussions in accordance with Utah Code §53G-9-204.
- II. Training must be documented annually and updated as required by state law.

Parent/Guardian Notification

- I. During registration, parents/guardians must acknowledge the school's head injury and concussion policy if their student participates in any physical activity.
- II. An annual notice of the head injury policy will be distributed to all parents/guardians prior to the start of each school year.

Recognized Symptoms of Traumatic Head Injury

Symptoms may include, but are not limited to:

- a. Transient confusion, disorientation, or impaired consciousness
- b. Memory dysfunction

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5302 Head Injury and Concussion

- c. Loss of consciousness (any duration)
- d. Other neurological or neuropsychological signs, including:
 - i. Seizures
 - ii. Lethargy or fatigue
 - iii. Vomiting
 - iv. Headache
 - v. Dizziness

Immediate Actions To Be Followed By Any Employee Present Following a Suspected Head Injury

- I. Loss of Consciousness:
 - A. Call **911 immediately** if a student loses consciousness, unless a pre-existing medical plan specifies otherwise.
- II. Removal from Activity:
 - A. The student must be immediately removed from all physical activity.
- III. Evaluation:
 - A. The student must be assessed according to state concussion guidelines.
- IV. No Same-Day Return:
 - A. The student **shall not resume sports or physical activity on the same day** the injury occurred.
- V. Parent/Guardian Notification
 - A. Parents/guardians must be notified **as soon as possible** if the student loses consciousness.
 - B. Standard same-day notification procedures apply for all other head injuries.
- VI.

Return to Activity

- I. Participation in physical activity or sports following a head injury is only permitted with **written medical clearance** from a licensed healthcare professional, submitted to the school through the parent/guardian.
- II. The school will follow all guidance provided by the healthcare professional regarding safe return-to-play timelines.